



Measuring Implementation Fidelity Form

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Implementation fidelity is the degree to which the activities are being implemented as planned. Throughout implementation, quick fidelity checks should be done to determine if activities are being implemented as planned. If checks are not done, and SMART goals are not met, then the reason for lack of progress cannot be identified.

Components to Consider for Fidelity

There are several components to consider when evaluating implementation fidelity:

- Adherence – Is the activity being implemented as designed?
- Duration – Did participants adhere to the number, length, or frequency of activities as designed?
- Quality of delivery – Were activities delivered using techniques, processes, or methods as prescribed?
- Participant responsiveness – To what extent were participants engaged by and involved in the activities and content of the plan?

Developing a Fidelity Checklist

What to Consider

Before writing the checklist, consider:

- What does the activity look like when it's being completed?
- What will participants be doing when the activity is being completed?
- What steps are critical to the activity?

Writing the Checklist

1. Identify the steps in the activity.
2. Create an item for each step in the activity.
3. Add a yes/no response for each item.

Scoring the Checklist

1. Observe the activity in action.
2. For each item in the checklist, was the step completed? Answer “yes” or “no.”
3. Total the number of “yes” responses.
4. Divide the number of “yes” responses by the total number of items on the checklist.
5. This is the fidelity percentage! The standard for fidelity is at least 80 percent.

Notes/Additional Information

Include any relevant notes or additional information.